

2010 Step Therapy Protocols
First Health Secure

STEP THERAPY GROUP	STEP THERAPY PROTOCOL
ANGINA-RANEXA	To receive Ranexa, a patient would be required to first fail an agent from any one of the following drug classes: calcium-channel blockers, beta-blockers, or nitroglycerin products.
ANTIBIOTIC-VANCOCIN	To receive Vancocin 125mg oral capsules a patient would be required to first fail oral metronidazole
ANTICONVULSANT-OXCARBAZEPINE	To receive oxcarbazepine, a patient would be required to first fail or have a contraindication to carbamazepine.
ANTIDEPRESSANT-PRISTIQ	To receive Pristiq, a patient would be required to first fail one formulary SSRI AND one formulary SNRI
ANTIHIISTAMINE	A patient would be required to first fail or have a documented contraindication to both generic OTC loratadine and generic OTC cetirizine
Antihistamine with Pseudoephedrine	A patient would be required to first fail or have a documented contraindication to both generic OTC loratadine-D and generic OTC cetirizine-D
ANTI-INFLAMMATORY-CELEBREX	To receive Celebrex, a patient would be required to first fail two formulary non-steroidal agents.
ARB	To receive Atacand or Atacand HCT, Benicar or Benicar HCT, Diovan or Diovan HCT, or Teveten or Teveten HCT a patient must have a trial and failure of Avapro or Avalide and Micardis or Micardis HCT.
AROMATASE INHIBITOR-FEMARA	To receive Femara, a patient would be required to first fail or have a documented contraindication to Arimidex
BETA-BLOCKER-COREG CR	To receive Coreg CR a patient must first fail carvedilol IR and metoprolol Succinate ER
CONSTIPATION-AMITIZA	To receive Amitiza, a patient would be required to first fail Polyethylene Glycol AND Lactulose.
DIABETES-BYETTA	To receive Byetta, a patient would be required to first fail a TZD, Januvia, Janumet or Onglyza.
DIABETES-DPP IV	To receive Onglyza, a patient would be first required to fail max dose metformin.
DIABETES-TZD	To receive Actos, Duetact, Actosplus Met, Avandia, Avandamet or Avandaryl a patient would be first required to fail max dose metformin.

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GOUT-ULORIC	To receive Uloric, a patient would be required to first fail or have a documented contraindication to allopurinol
Hepatitis C	To receive Peg-Intron a patient would be required to first fail Pegasys
HYPERLIPIDEMIA-ALTOPREV	To receive Altoprev, a patient would be required to first fail lovastatin or have a documented contraindication or intolerance to lovastatin.
HYPERLIPIDEMIA-LESCOL	To receive Lescol or Lescol XL, a patient would be required to first fail or have a documented contraindication to both simvastatin and pravastatin.
HYPERLIPIDEMIA-LIPITOR HIGH DOSE	To receive moderate to high-dose Lipitor (40 or 80mg), a patient would be required to first fail or have a documented contraindication to Crestor or Vytorin
HYPERLIPIDEMIA-LIPITOR LOW DOSE	To receive low-dose Lipitor (10 or 20mg), a patient would be required to first fail both simvastatin (at least 40mg/day) and Crestor or Vytorin or have a documented contraindication to both simvastatin and Crestor or Vytorin.
HYPERPARATHYROIDISM-SENSIPAR	To receive Sensipar, a patient would be required to first fail vitamin D sterols and a phosphate binder.
Multiple Sclerosis	To receive Betaseron, a patient would first be required to fail Avonex. To receive Rebif, a patient would first be required to fail Betaseron.
OSTEOPOROSIS-ACTONEL	To receive Actonel, a patient would be required to first fail alendronate or Boniva or have a documented contraindication to both alendronate and Boniva.
PARKINSONS-AZILECT	To receive Azilect, a patient would be required to first fail or have a documented contraindication to selegiline.
PPI-KAPIDEX	To receive Kapidex, a patient would first be required to fail one omeprazole product (Prilosec OTC or omeprazole) and Nexium.
RBC Stimulator	To receive Aranesp or Epogen, a patient would first be required to fail Procrit
Topical	To receive Protopic or Elidel a patient would be required to first fail a formulary topical corticosteroid.
Xalatan	To receive Xalatan, a member must first fail Lumigan AND Travatan or Travatan Z.

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